

# Parent Guide

## Middle School Session 1

### Major Points

1. Many of the sources that have contributed to our understanding of sex aren't very accurate.
2. Sex is like a complex invention – in order to use it, we have to first know why it was created.
3. Sex according to the world – done to make babies; meant for my pleasure; it's ok if we're in love; it's something everyone does; it's ok outside of marriage
4. Sex according to God's Word –
  - a. To reproduce. (Genesis 1:28)
  - b. Husband and wife become one flesh. (Genesis 2:24)
  - c. Represents the relationship between Jesus and the Church. (Ephesians 5: 31-32)
  - d. Done in the context of marriage. (Hebrews 13:4)
  - e. Not something to casually participate in. Not just a pleasure act.
5. "Fire is beautiful when it's in the fireplace. It warms the house and brings families together. When fire gets out of the fireplace it becomes dangerous. It destroys homes and tears apart families. Having sex outside of marriage is like starting a fire outside the fireplace. It's not meant to be done outside of its design."

### Discussion Questions

1. Where have you learned about sex?
2. What are the best sources of information regarding sex?
3. What is the purpose of sex?
4. Is there anything you want to know about sex?
5. Was there anything said during this session that you don't understand?
6. Was there anything said during this session that you disagree with?

Scripture to read together – Matthew 19:3-6, Ephesians 5:21-33

