

# Parent Guide

## Middle School Session 2

### Major Points

1. Just like there are certain things that factor into making a fire stay lit in the fireplace (flame, tinder, dry wood, oxygen) there are things that factor into making sexual relationships in marriage flourish.
2. One of the most important factors is knowing who we are and growing into the person God wants us to be before entering into a romantic relationship of any kind.
3. These 5 G's help us to become who God wants us to be.
  - a. Grounded – solid identity and self worth (1 John 3:7 and 1 Peter 3:3-4)
  - b. Grouped – being close to others beyond superficiality (Ecclesiastes 4:9-10)
  - c. Goal-Oriented – goals help us make better decisions and take the right path (Philippians 3:14)
  - d. Giving – it's not all about me (Philippians 2: 3-4)
  - e. Growing – not growing is dying (Hebrews 12:2)
4. Guaranteed ways to keep us from being in a sexual relationship in marriage that flourishes
  - a. Find your identity and value from someone else
  - b. Hang out with the wrong kids
  - c. Set your goals/standards low
  - d. Do only those things that bring pleasure to you
  - e. Stay where you are

### Discussion Questions

1. Describe to me who you are. How do you see yourself? What are you good at? What might be your weaknesses?
2. Describe to me how you think God sees you? Is there a difference between how you see yourself and how God sees you?
3. Why do you think it's important to know who you are before you get into a relationship with the opposite sex?
4. Do you think you are ready to be in a relationship with the opposite sex?
5. At what age do you think most people are ready to be in a relationship? (In other words, when are the 5 G's complete?)
6. Do you have any questions about this session? Do you agree with everything that was said? Do you disagree with anything that was said?